

*ART POPS PRESENTS*



*eco arts  
& crafts*  
**GUIDE**

*IDEAS AND RESOURCES TO  
CREATE WITH THE  
ENVIRONMENT IN MIND*

# HOW TO MAKE CYANOTYPE PRINTS AT HOME

## SUPPLIES:

- Cyanotype solution kit
- Sponge brush
- Paper or fabric print surface
- Items to arrange on treated surface (flowers, greenery, acetate negatives, stencils, ribbons, etc.)
- Base for print (cardboard or any other sturdy, flat surface)
- Glass pane or acrylic sheet
- Clips or tape
- Direct sunlight or UV lamp
- Rinse basin
- Cold water
- Hydrogen peroxide (optional)

★ CYANOTYPE SOLUTION KITS ARE CHEAP & EASY TO FIND ONLINE & HAVE HELPFUL INSTRUCTIONS!

## STARTER TIPS:

- For paper prints: use acid-free & at least 300 gsm weight paper – watercolor & printmaking paper work great
- For fabric prints: use pre-washed 100% natural fiber fabrics
- Have fun and embrace those “happy little accidents”!

## 1. PREP THE SURFACE

Treat your print surface with cyanotype solution. Keep away from UV light and mount on a sturdy base surface once dry.



## 2. ARRANGE & CREATE

Have fun arranging whatever items you want to use on the treated surface! Some go-to materials are flowers, leaves, lace ribbons, transparencies, photo negatives, cut-outs, etc.



★REMEMBER: covered → white & uncovered → blue

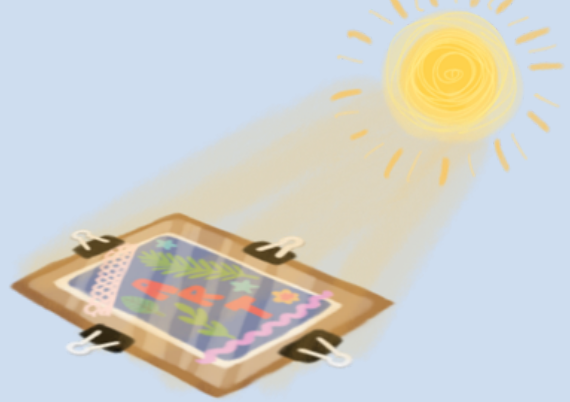
### 3. FINALIZE & SECURE

Secure your final arrangement using a glass pane (like one from a picture frame) and clip it on top of the base surface. (Another option is using any sort of clear sheet and tape)



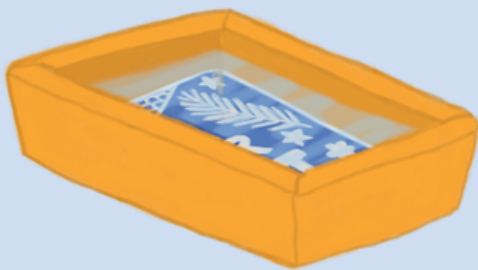
### 4. EXPOSURE TIME

Set your secured print arrangement in direct sunlight for about 10-15 minutes. (A UV lamp can be used as an alternative.)



### 5. REMOVE & RINSE

Remove items from print surface and rinse print in a basin of cold water. You can add in some hydrogen peroxide to help speed up the development. Using gloves or tongs is recommended.



### 6. DRY & DONE!

After rinsing, let your print air-dry...and that's it! Have fun making more prints and see what else you can create!



### WANT SOME IDEAS? NEED ADDITIONAL RESOURCES?

- [Jacquard's PDF guide to Cyanotype](#)
- [Cyanotype Instructable](#)
- [Blue Ridge Botanical cyanotype guide](#)
- [Cyanotype guide by artist Jo Howell](#)
- [10 ideas for using cyanotype](#)
- [Object ideas to use for cyanotypes](#)
- [Cyanotype with photo negatives](#)
- [Cyanotype on fabric - fabric prep info](#)

# ECO ARTS & CRAFTS

WAYS TO REDUCE, REUSE, AND RECYCLE  
ALL WHILE BEING CREATIVE!

THRIFT & SWAP



SAVE ON MONEY  
AND CONSUMPTION

MAKE SOMETHING OLD  
INTO SOMETHING NEW

UPCYCLING



VISIBLE MENDING



GIVE YOUR CLOTHES  
MORE LIFE AND LOVE

TURN (LITERAL) TRASH  
INTO TREASURE

RECYCLED CRAFTS





# THRIFT & SWAP

One way to be more environmentally conscious is to limit our consumption, and there are great ways to do this with arts and crafts supplies.

## Take inventory of what supplies you already have.

There may be things you forgot you owned and it can help to avoid buying duplicates. Try and use what you already have before buying something new.

## Check out your local thrifts stores.

Many people donate unused materials and you can often find bags of arts and crafts supplies for just a few bucks. It's a great way to get some new-to-you supplies while saving money and limiting over-consumption. Remember how you took inventory of the supplies you have? Think about donating any of your supplies that you no longer want!

## Find or start local craft supply exchanges.

Craft supply exchanges are a great way to donate supplies you no longer need or want and pick up some new things for yourself. You may already have a place that hosts an exchange station in your area...take a look and ask around. You could even start one yourself! Ask around some local businesses and see if they would be interested in hosting a space for a supply exchange.

## Join or start a craft club.

Many libraries and some local businesses host various crafting meet-ups that you can join and find people to swap supplies with. If you would rather keep it small, plan crafting meet-ups with friends!

### Participate with Full Sail!

Check out the Full Sail Library (building 3E) for the **Craft Supply Exchange** station, where you can drop off supplies you no longer want and take some new-to-you supplies!

We also have our **Monthly Makers Meet-Up** in the Library once a month. Check out the Library page and Art Pops for upcoming event details!

# UPCYCLING

Got something that you no longer like or use? Before you toss it, see if you can give it a new life! Clothes, furniture, decor, & more can be upcycled...



## Sometimes a new coat of paint can make a big difference.

Re-painting something can give it a brand new life, and it's a cheap and easy way to repurpose so many things! From furniture, picture frames, shelves, decor, planters, and more, you can save a lot of money and landfill space by upcycling these things all while being creative. You can even think beyond paint...wallpapers, fabrics, stick-on tiles, and many other materials can be used in a fun way to re-do furniture and other things. Take this mindset with you if you are shopping for furniture, too, by finding pieces at thrift stores or estate sales that you can re-do to better fit your personal style.

## Think outside the box! Here are some collected ideas to spark some inspiration to upcycle:

### Miscellaneous ideas:

- [Pinecone quilting](#): Good resource for instructions, patterns, historical info, etc. Create Whimsy!
- [Revamp old artwork](#) with some little personal touches
- [Repurpose single-use plastic containers](#) for storage
- Have leftover yarn that isn't enough to make a new crochet/knitting project? [Use those yarn scraps for other projects!](#)

### Clothing & fabric ideas:

- [easy + cute upcycling ideas for your clothes \(beginner friendly\)](#).
- [Sewing Ideas for Upcycling Old Clothes | Sewing Projects Thrift Flips to Make When You're Bored](#)
- [100+ MIND-BLOWING Ways to Upcycle Old Clothes You NEED to See!](#)
- Shrank a sweater? Have some old ones you no longer wear? There are [many ways to re-purpose your sweaters](#) and other clothes.
- Create a [no-sew tassel keychain/bag charm](#) out of scrap fabrics
- Make a [fabric scrap tote bag](#)
- Got some of those free bags from different promotional events? [Cover those logos on the promotional bags](#) and make them into something you'll use more often!



# VISIBLE MENDING

More and more clothing ends up in landfills as wear-and-tear happens and fast-fashion micro trends come and go. Before you toss, give visible mending a try!

## What is “visible mending”?

Visible mending is all about repairing and covering imperfections on clothing in a way that is visible and adds to the piece. It’s a great way to showcase your creativity and personalize clothing, adding unique details to enhance both the structure and the aesthetic of your clothes. No need to try and make your repairs hidden and seamless...embrace them and have fun adding multi-purpose decorative details! There are many ways for all skill levels!

## Some go-to visible mending methods:

- **Use a patch to repair or cover** – There are so many fun patches to collect from small shops that can express your personality. Often patches are iron-on and don’t require sewing, which makes them a very convenient and fun way to repair clothes. Even using a piece of scrap fabric as a patch can work!
- **Embroidery** – Draw with thread and a needle! Embroidery is a great way to reinforce fabrics and cover up marks. Pick out some color threads and use some basic stitches to add fun designs! You can find many free stencils online or create your own design using fabric markers and stabilizer paper.
- **Sashiko stitching** – Sashiko is a traditional Japanese embroidery method that uses geometric stitch patterns to reinforce and repair fabrics. Just like with general embroidery, there are great (and free) resources and patterns online to use.

Mending clothes was the go-to for centuries, but this practice fell off as the clothing industry moved to mass-production methods in the mid-1900s. Let’s embrace this lost tradition and have fun customizing our clothes and reducing clothing waste!

## Online resources and ideas:

- [Visible Mending website](#)
- [The Art of Visible Mending and Examples of Different Techniques](#)
- [Mending from Embroiderers Guild](#)
- [Hemming T-Shirts to make them fit better](#)

# RECYCLED CRAFTS

You know the saying “one person’s trash is another person’s treasure”? You can take that mindset and find ways to recycle scraps and throw-away materials in creative ways!



## Here are some fun ideas to recycle everyday materials that you otherwise may throw away:

- [Many Misc. Easy & Useful Recycled Craft Ideas](#)
- Got a lot of plastic bags? You can turn them into “yarn” and create some crochet and knitting projects!
  - [How to make “plarn”](#)
  - [Patterns for “plarn” and other recycled “yarn” crochet projects](#)
- [Make stamps out of corks](#)
- [Creative ways to recycle Amazon cardboard envelopes](#)
- [Mosaic canvas wall art](#) (using old greeting cards, recycle/trash plastics, old prints, posters, etc.)
- Use leftover to-go plastic cutlery to make [garden/plant markers](#)
- Use cardboard tubes to make wall art – [Cherry Blossom Tree project](#)
- Repurpose empty food jars for storage – paint and decorate and have some fun!

## Create some different paper crafts using scraps, magazines, old greeting cards, and more.

Paper crafts come in so many different forms, and there are great ways to recycle paper products in creative and expressive ways. Collages, paper mosaic art, magazine beads, junk journaling and scrapbooking are some great places to start!

Let’s check out some ideas related to these areas...



## Junk Journaling

Junk journaling has grown in popularity lately and it's a fun method to repurpose scraps and "junk" and use them in a way to document memories and explore your artistic creativity. It is a more approachable version of scrapbooking, where you can move away from making "polished" pages and embrace imperfections and a bit of creative chaos.

### Here are some resources to check out:

- [25 Kinds of "Junk" to Save](#)
- [10+ Ideas for Your Junk Journal](#)
- [How to Start a Junk Journal](#)
- [27 of the BEST Junk Journal Tips and Tricks](#)
- [Make a base journal](#) out of cardboard & brown paper bags
- No-sew easy tutorial for [making your own base journal](#)
- [Making pages](#) out of scrap papers & miscellaneous materials

## Collage and misc. paper crafts

Use some old magazines and other paper goods and find ways to make art out of it. Collages are classic ways to recycle magazines and make something new out of cut-outs and scraps to decorate and inspire. You can even take this to another level with paper mosaic art and find more ways to use magazines in your arts & crafts...



### Here are some resources to check out:

- [Multiple craft ideas using old magazines](#)
- [Make your own paper](#) out of collected scrap paper:
  - [Another easy how-to](#)
  - [PDF guide from Cornell University Cooperative Extension](#)

# HERE ARE A FEW ENVIRONMENTAL ARTISTS TO CHECK OUT!

ART POPS IS ALL ABOUT CONNECTING ART HISTORY WITH TODAY'S WORLD!

## JASON DECAIRES TAYLOR



Jason deCaires Taylor, *Silent Evolution*, placed 2009. Museo Subacuático de Arte (MUSA), Cancun, Mexico. © Jason deCaires Taylor

## AGNES DENES



Agnes Denes, *Wheatfield – A Confrontation*, 1982, Battery Park Landfill, Downtown Manhattan, © All photographs by Agnes Denes

## ANDY GOLDSWORTHY



Andy Goldsworthy, *Rowan Leaves and Hole*. 1987 Materials: Photograph 76 x 74.5 cm. (image credit)

## MAYA LIN



Maya Lin, *The Listening Cone* from *What is Missing?*, 2009. Multi-sited memorial and virtual monument. (Bronze and reclaimed wood and video. California Academy of Sciences, San Francisco CA. Commissioned by the San Francisco Arts Commission. Photography: Bruce Damonte)

## VIK MUNIZ



Vik Muniz, *The Gipsy (Magna)* from the "Pictures of Garbage" series, 2009. © 2026. Vik Muniz (Waste Land film info)

## ROBERT SMITHSON



Robert Smithson, *Spiral Jetty*, 1970. Great Salt Lake, Utah. Mud, precipitated salt crystals, rocks, water. 1,500 ft. long and 15 ft. wide. Dia Art Foundation © Holt/Smithson Foundation and Dia Art Foundation



*THANKS FOR CHECKING  
OUT THIS GUIDE!*

*JOIN THE ART POPS SPACE ON FULL SAIL  
ONE FOR MORE INFORMATION ABOUT  
UPCOMING EVENTS AND WORKSHOPS*



*BE SURE TO ALSO FOLLOW @BEYONDARTHISTORY  
ON INSTAGRAM FOR ART HISTORY THINGS,  
REMINDERS ABOUT ART POPS EVENTS, AND THE  
HUB STUDENT GALLERY UPDATES!*